

# THE ROLE OF MENTAL MODELS IN THE EFFECTIVENESS OF DRIVER MONITORING SYSTEMS

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Yannick Forster<sup>1</sup>, Josef F. Krems<sup>2</sup>, Andreas Keinath<sup>1</sup>

DDI 2024 | MICHIGAN

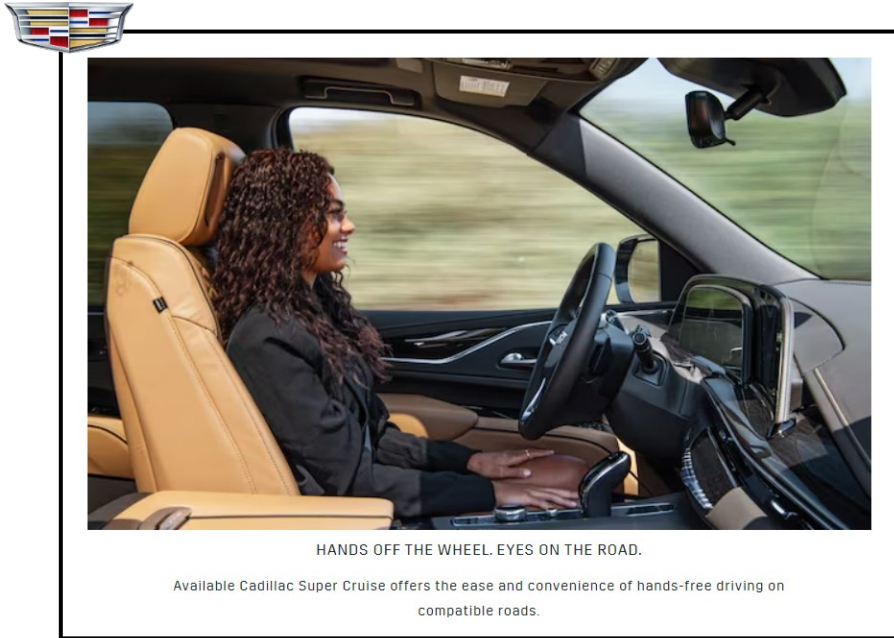
# 01

# BACKGROUND.



# DRIVER MONITORING SYSTEMS.

Driver monitoring systems (DMS) are becoming a standard safety feature in vehicles.



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As @DrMikeLenne explains, #drivermonitoringsystem technology is as important a #safety technology as the three point seatbelt and random breath testing. Learn more - [hubs.ly/Q01R77gK0](https://hubs.ly/Q01R77gK0)  
#roadsafety #seeingmachines

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(Euro NCAP)**

**ASSESSMENT PROTOCOL – SAFETY ASSIST  
SAFE DRIVING**

**Implementation 2023**

Version 10.1

**CES**

**Polestar 3 To Show Off Driver-Monitoring Technology At CES**

The Polestar 3 has an advanced driver-monitoring system from fellow Swedish firm Smart Eye

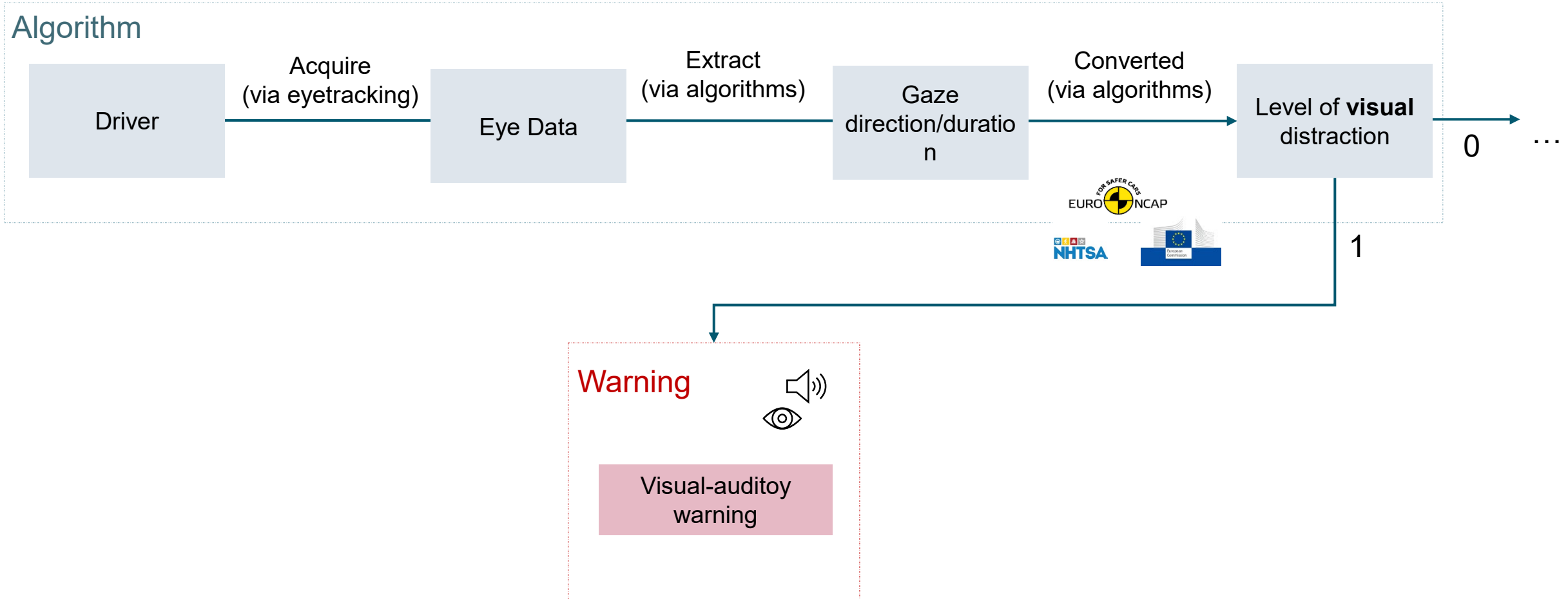
by Brad Anderson December 16, 2022 at 07:29

European Commission

**Technical support to assess the upgrades necessary to the advanced driver distraction warning systems**

Final Report

# DISTRACTION DETECTION ALGORITHM.



# DRIVER DISTRACTION.

”

Driver distraction can be understood as a diversion of attention from the primary driving task to a competing secondary or tertiary task (Regan, Lee & Young, 2008).

“



# RESEARCH QUESTION.

How **effective** are warnings,  
triggered by driver monitoring  
systems in reducing visual  
distraction?



DMS reduce the probability  
of long glances (> 2s)  
(Atwood, 2019)

No significant effect  
on gaze behavior  
(Ahlström, 2013)



... the effectiveness of a  
warning system depends on  
the user's understanding  
(Wogalter, 2018)



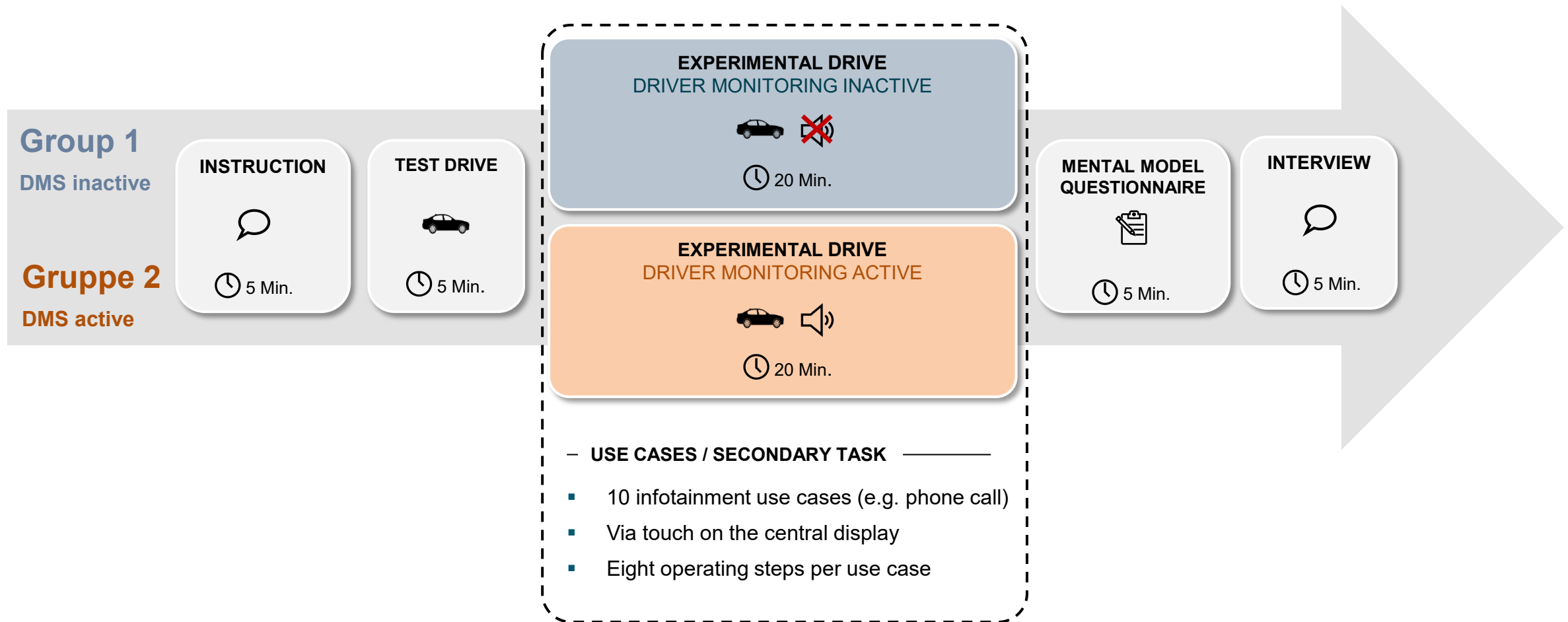
... what role does the drivers' mental model of the DMS play?

# 02

## STUDY DESIGN.



# EXPERIMENTAL PROCEDURE.





# STUDY DESIGN.

## ATTENTION WARNINGS

**Visual-auditory warnings** following the Euro NCAP algorithm specifications for distraction:

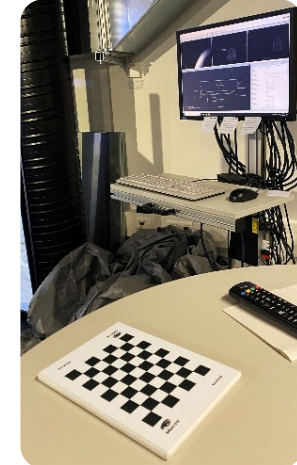
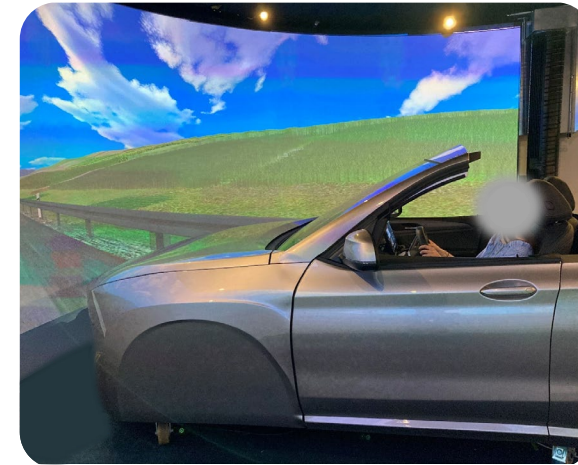
Long Distraction	Visual attention time sharing
<b>Single</b> gaze aversion away from the forward roadway. Driver looks away for <b>&gt; 3 s</b>	<b>Repeated</b> short gaze aversion away from the forward roadway. Driver looks away for a cumulative <b>10 s</b> within the last 30 s window.

## HMI

 **Glance aversion detected. Stay attentive** 

**D 90** km/h

## DRIVING SIMULATOR + EYE TRACKER



## DEMOGRAPHY

N=57 participants



22

35



19 years  $\overleftarrow{\text{Ø 36.2}}$   $\overrightarrow{\text{57 years}}$   
(SD 10.2)

# 03

## RESULTS.

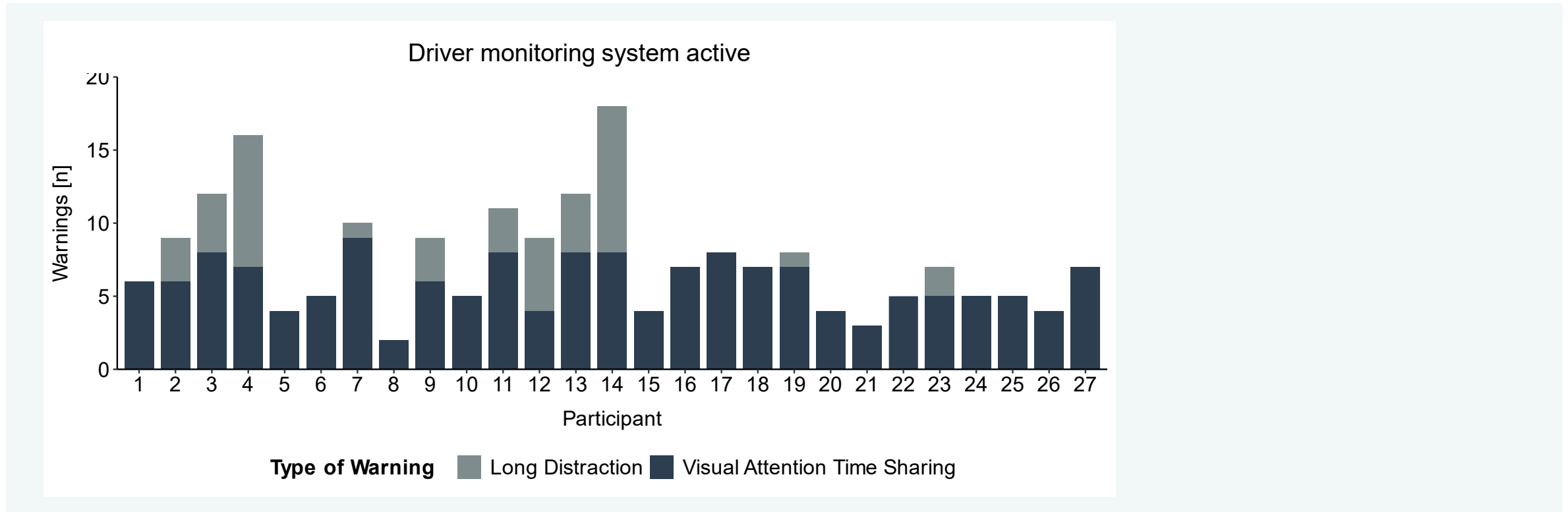


# RESULTS.

## Number of long distraction and visual attention time sharing.

— How many warnings were triggered by the DMS, when it was active? —

N=57



### CONCLUSION

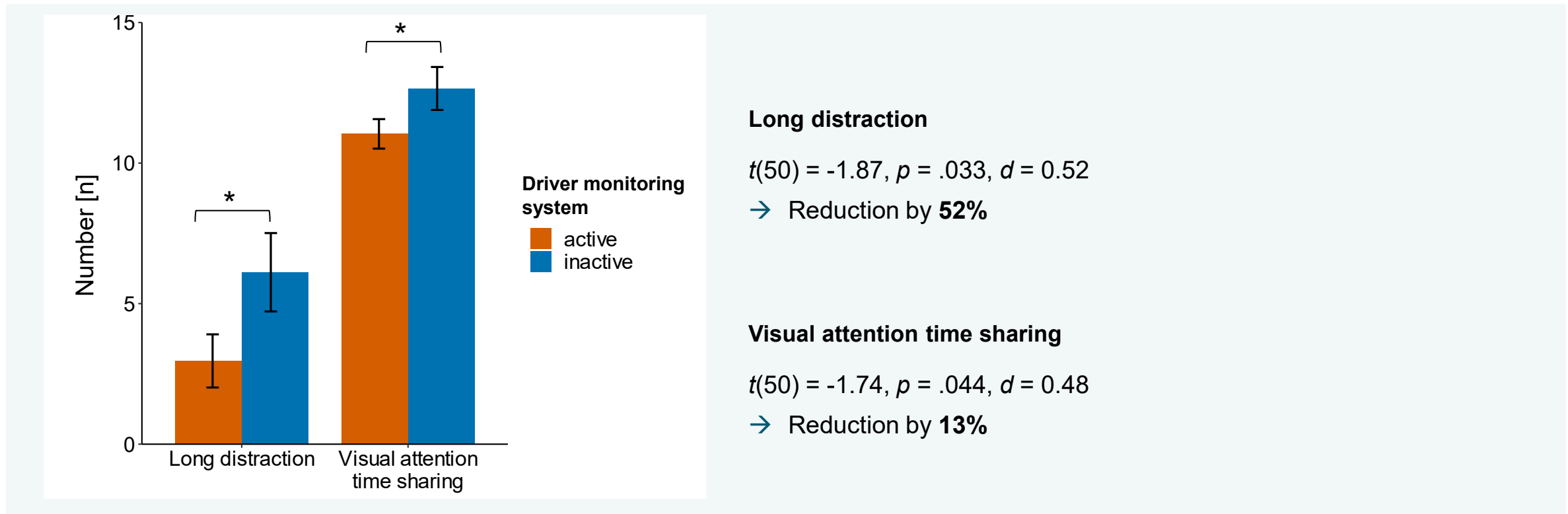
Higher number and more evenly distributed instances of visual attention time sharing than long distraction.

# RESULTS.

## Effectiveness of DMS.

How often did the DMS detect distraction?

N=57



### CONCLUSION

When the DMS was **active** (triggered warnings), distraction was detected significantly less often. The effect was greater with LD than with VATS.

# RESULTS.

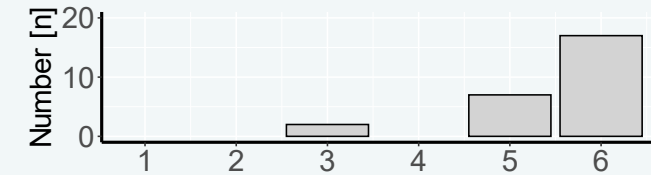
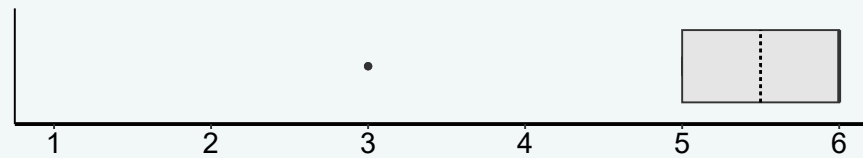
## Mental model of the DMS.

— Did drivers build a correct mental model of the DMS? —

N=57

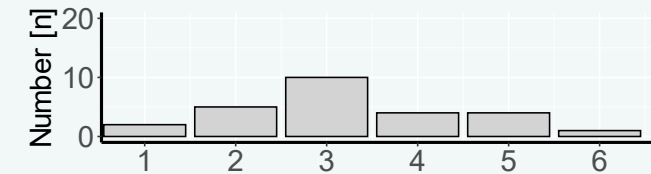
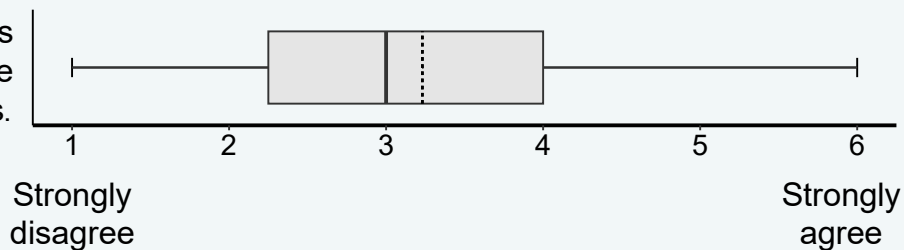
### Long distraction

The system issues warnings for long off-road glances



### Visual attention time sharing

The system issues warnings for multiple short off-road glances.



### CONCLUSION

Drivers correctly stated that **long glances** would trigger warnings. However they were **unsure**, whether **multiple** short glances would trigger a warning.

# 04

## CONCLUSION



# TAKE AWAY MESSAGES.

## Key findings

- The DMS significantly reduced visual distraction
- The effect for long distraction was larger than for visual attention time sharing
- Drivers had difficulties building a correct mental model of the VATS warnings



↳ Keep the complexity of DMS algorithms as low as possible so that drivers can build a correct mental model.

⊙ ? Is it reasonable to issue so many VATS-warnings given that the effect is small, the mental model is complex, and there is a lack of theoretical evidence?

# THANK YOU!



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**BMW GROUP**

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**01**  
BACKGROUND.

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**DRIVER MONITORING SYSTEMS.**  
Driver monitoring systems (DMS) are becoming a standard safety feature in vehicles.

Patent 3 To Show Off Driver-Monitoring Technology At CES

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**DICTIONARY DETECTION ALGORITHM.**

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**DRIVER DISTRACTION.**

“ Driver distraction can be understood as a diversion of attention from the primary driving task to a competing secondary or tertiary task (Regan, Lee & Young, 2008). ”

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**RESEARCH QUESTION.**

How effective are warnings, triggered by driver monitoring systems in reducing visual distraction?

- DMS reduce the probability of long glances ( $p < .26$ ) (Weaver, 2019)
- No significant effect on gaze behavior (Weaver, 2012)
- The effectiveness of a warning system depends on the user's understanding (Weaver, 2019)

... what role does the drivers' mental model of the DMS play?

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**02**  
STUDY DESIGN.

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**EXPERIMENTAL PROCEDURE.**

8

**STUDY DESIGN.**

**ATTENTION WARNINGS**  
Visual-auditory warnings following the Euro NCAP algorithm specifications for distraction:

- Long Distraction**: Single gaze aversion away from the forward roadway. Driver looks away for  $> 3 s$ .
- Visual attention time sharing**: Repeated short gaze aversion away from the forward roadway. Driver looks away for a cumulative  $18 s$  within the last 30 s window.

**DRIVING SIMULATOR + EYE TRACKER**

**MM**  
Glance diversion detected. Stay attentive.

**DEMOGRAPHY**  
19 years - 37 years  
22 female, 15 male

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**03**  
RESULTS.

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**RESULTS.**  
Number of long distraction and visual attention time sharing.

How many warnings were triggered by the DMS, when it was active? (N=57)

**CONCLUSION**  
Higher number and more evenly distributed instances of visual attention time sharing than long distraction.

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**RESULTS.**  
Effectiveness of DMS.

How often did the DMS detect distraction? (N=57)

**Long distraction**  
ASD) = -1.87,  $p = .033$ ,  $d = 0.52$   
→ Reduction by 52%

**Visual attention time sharing**  
ASD) = -1.74,  $p = .044$ ,  $d = 0.48$   
→ Reduction by 13%

**CONCLUSION**  
When the DMS was active (triggered warnings), distraction was detected significantly less often. The effect was greater with LD than with VATS.

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**RESULTS.**  
Mental model of the DMS.

Did drivers build a correct mental model of the DMS? (N=57)

**Long distraction**  
The system issues warnings for long off-road glances.

**Visual attention time sharing**  
The system issues warnings for multiple short off-road glances.

**CONCLUSION**  
Drivers correctly stated that long glances would trigger warnings. However, they were unsure, whether multiple short glances would trigger a warning.

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**04**  
CONCLUSION

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**TAKE AWAY MESSAGES.**

**Key findings**

- The DMS significantly reduced visual distraction
- The effect for long distraction was larger than for visual attention time sharing
- Drivers had difficulties building a correct mental model of the VATS warnings

Keep the complexity of DMS algorithms as low as possible so that drivers can build a correct mental model.

Is it reasonable to issue so many VATS-warnings given that the effect is small, the mental model is complex, and there is a lack of theoretical evidence?

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**THANK YOU!**

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# REFERENCES

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